

**May
2026**



Part of the
WENSUM TRUST
Arden Grove Infant School

Welcome to May! With the sun finally making a regular appearance and the spring flowers in full bloom, there is a wonderful buzz of energy around the school right now. As we step into the brighter, longer days of spring, it is hard to believe we are already looking toward the final half-term of the academic year! We are so incredibly proud of how much the children have blossomed since September, and their enthusiasm continues to brighten our classrooms every single day. We hope you and your families are enjoying the lighter evenings and make the most of the bank holiday! Thank you, as always, for your continued support from home—it truly makes all the difference.

This half term we will be focusing on our school value of **Aspirational**.

I want to achieve great things today and for the rest of my life.

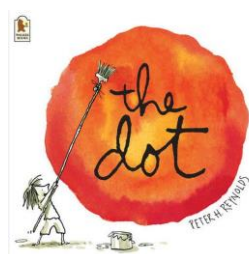
Being aspirational is important because wanting to achieve things and get better at things in life can help us have happy and successful lives whatever that may look like for you.



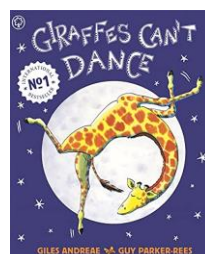
Stories to share about being **ASPIRATIONAL**



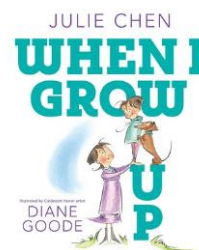
<https://www.youtube.com/watch?v=9KFqeD1QdG4>



<https://www.youtube.com/watch?v=EpmNXbkLu6c>



<https://www.youtube.com/watch?v=Zzb5Acl-n70>



<https://www.youtube.com/watch?v=KKc9sITacYU>

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Sun safety

As the warm weather, hopefully, arrives we are keen to keep children safe in the sun. We will be including this in our teaching and below shares some of this learning. We encourage children to all bring in a hat, a water bottle and have sun cream put on before school. We will not



Parking Concerns

We have received a growing number of concerns from local residents regarding parking and conduct at drop-off and pick-up times. We must remind all parents and carers to park considerately, avoiding driveways, junctions, and restricted areas, and to respect the safety of our children and community at all times. Disappointingly, we have also been informed of instances where residents have been met with rude or abusive behaviour when raising concerns. More worryingly parents have shared that the school has advocated the parking styles and locations which we Do Not! This is completely unacceptable. As representatives of our school community, we expect all families to act with courtesy and respect.. We appreciate your cooperation in helping maintain a safe and positive environment for everyone



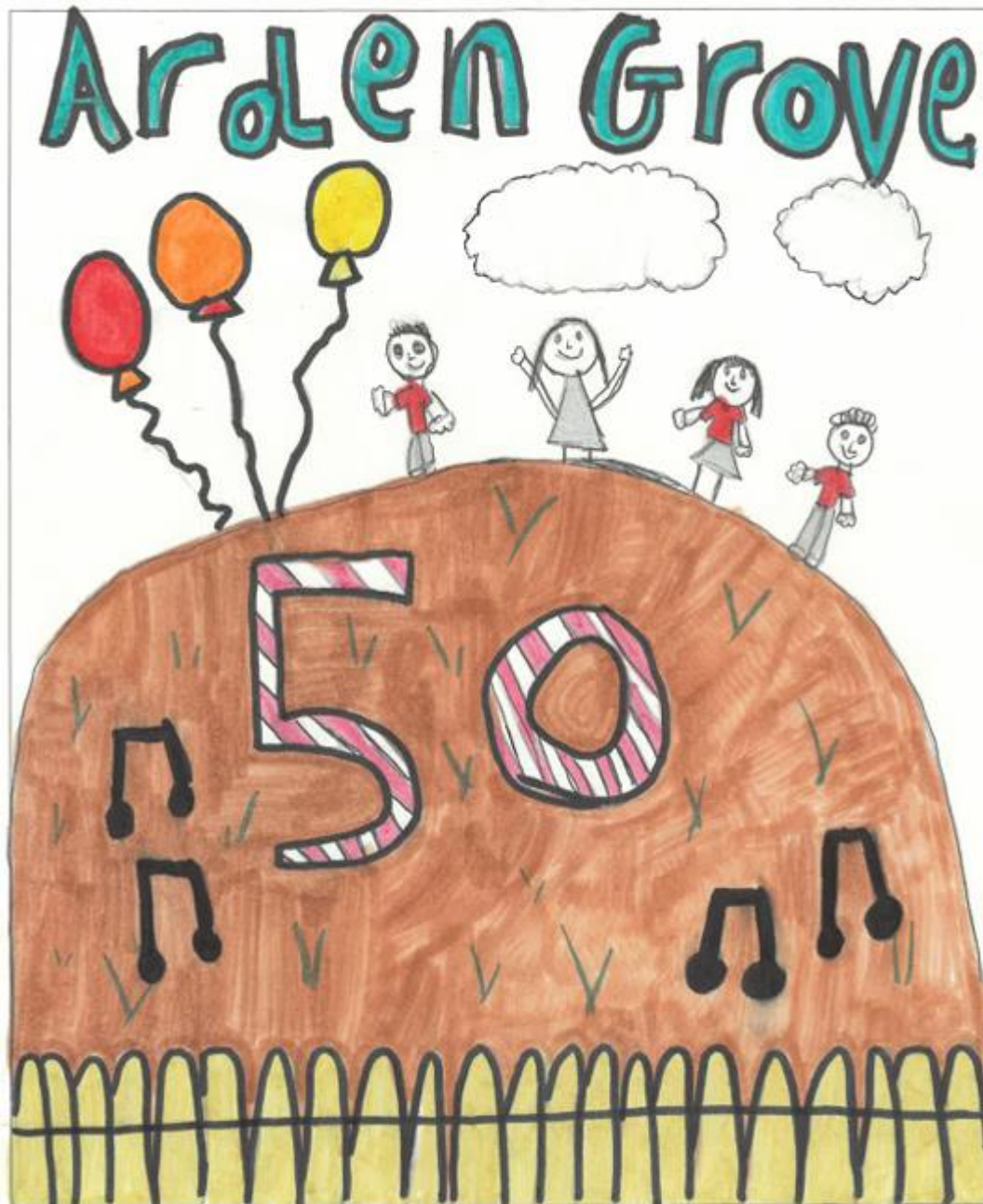
**Please do
not park
here**

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We are delighted to announce that the winner of the 50th logo competition was Marnie in Bittern class. Well done to all the runners up! We look forward to using the logo as part of the celebrations.



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What can you do to help?

We are always excited to give children opportunities to explore and be creative in open ended loose parts play. From our experience we have found these items below are the most popular. If you have any of these items at home that are in good condition and safe to use please bring in to school.

HELP US PLAY & LEARN! EYFS LOOSE PARTS DONATION CHECKLIST

'WOODEN BLOCKS'  Essential for building, balancing, counting, sorting, and open-ended imaginative play in nature-themed areas. Tip: Various shapes/sizes welcome!	'BUTTONS'  Develops fine motor skills, mathematical sorting, and mandalas. Tip: Spare button jars welcome!	'CORKS'  Excellent for maths games, fine motor skills (stacking, threading), and small world narratives. Tip: Please ensure they are clean.
'SHELLS & SMOOTH PEBBLES'  Great for weighing, making patterns, and sensory exploration in sand and water. Tip: Please ensure they are clean.	'OLD KEYS'  Triggers imaginative stories, comparing lengths, and discussing materials. Tip: Please check for sharp edges.	'CLEAN NUTS & BOLTS'  Develops fine motor skills, problem-solving through construction, and matching corresponding parts. Tip: Only clean, safe metal items.
'ACORNS & CONKERS'  Ideal for rolling, trajectories, and understanding natural cycles. Tip: A lovely autumn donation. (Remove bugs, please!)	'FABRIC SCRAPS & RIBBONS'  For measuring, sensory play, fine motor skills (tying knots), and imaginative capes. Tip: Offcuts of interesting textures are prized!	'PEG PEOPLE'  Encourages storytelling, narrative development, social interactions, and understanding roles. Tip: Simple figures are perfect!
'SMALL GEMS'  Perfect for sorting by color and size, counting, and creating treasure hunts. Tip: A variety of colors is wonderful!	'WOODEN CURTAIN RINGS'  Ideal for stacking, threading, rolling, and small item framing. Tip: Wooden rings have a lovely tactile feel.	'CHESS PIECES & DURABLE CHESS BOARDS'  Useful for sorting, counting, understanding grids, spatial awareness, and creative play with distinct shapes. Tip: Even incomplete sets are welcome!
'PLASTIC BOTTLE TOPS'  Useful for sorting, counting, patterning, and making wheels for constructions. Tip: Please wash in soapy water first.	'CARDBOARD TUBES (Kitchen roll only)'  Great for gravity investigations, trajectory play, and construction towers. Tip: For hygiene, no toilet roll tubes, please.	

 **Thank You for Your Support!**
Please place items in the donation box at reception.

To celebrate our school, Summer and David Attenborough's birthday we are really hoping to make our school bloom! **If you have any plants or shrubs that are safe to be planted in a school which you would like to donate (nothing thorny or poisonous) we would love to have these in school.** Any donations will be planted by the team with the children.



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Learning at home

Over-Under Journey- From the Moving Child work we use in school.

Set Up

Start by deciding where to go. You may want to go to a real place like the kitchen or you could think of grander, imaginative places like the Dinosaur Forest. Make it 10-15 feet away as your target for a game of 5-6 turns.

Game Play

Next, decide who is "Over" and who is "Under." Using only your bodies, the "Over" player must travel each step of the way by going over the other player. The "Under" player must go under the other player. Take turns going over and under until you arrive at your destination!



Here are a few ideas to get you started...

OVER THE HILL (stand tall and let your child climb all the way up you!)

UNDER THE BRIDGE (form a bridge with your body or legs for your child to climb under)

OVER THE TICKLE TIGER (lie down on your back and have your child climb over your tummy — tickling as they go!)

UNDER GATE (lie on the floor and raise one leg in the air up and down. Have your child scoot through the gate while it's open.)

UNDER THE PUDDLE (lie down on the floor tummy-side down. Have your child "swim" underneath you)

OVER THE WORM (wiggle like a worm on the floor and have your child climb over you from head to toe)

UNDER THE TUNNEL. (sit on the floor with your knees up and have your child climb through)

**Say a
poem**

Your job as a
honeybee



As part of our Literacy and phonics learning we access 'Say a Poem'. We have chosen this one for you to enjoy and learn at home.



<https://schools.ruthmiskin.com/training/view/EWlykbtZ/8vYGCSA0>

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Mental Health Support Team Update



Parent Tip of the Month: The Worry Box



Looking for a simple way to help your child share their worries? Try making a Worry Box together at home!



What is a Worry Box?

A Worry Box is a safe place where children can write or draw their worries and pop them inside. It can be especially helpful for children who find it hard to talk about their worries out loud.



How to Make One

- Find a small box (a shoebox or container works well)
- Decorate it together using pens, stickers, or drawings
- Keep paper and pencils nearby



How to Use It

- Encourage your child to put a worry in the box whenever they need to
- Choose a regular time to look inside together
- Listen calmly and thank your child for sharing
- Remember: you don't need to fix every worry straight away — feeling heard really helps



Why It Helps

Using a Worry Box helps children understand their feelings, feel supported, and build confidence in sharing what's on their mind.

We also run a series of free online webinars designed to help parents and carers better understand and support their child's emotional wellbeing. These sessions are relaxed, informative, and open to all families in our partner schools.

Please find below the dates and times of the upcoming webinars:

Friday 1st May at 10:00am- Sleep

Wednesday 6th May at 6:30pm- Child Anxiety

Friday 15th May at 10:00am- Managing big emotions

Wednesday 20th May at :300pm- Sleep

Please click on the link to join our webinars: <https://nhs.vc/norfolk-waveney-mhst-webinars>

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JustOneNorfolk.nhs.uk

What is it?

JustOneNorfolk.nhs.uk is the new Norfolk based health advice website.

Norfolk Children and Young People's Health Services created JustOneNorfolk.nhs.uk in partnership with Best Beginnings – the Baby Buddy app creators, the Eastern Academic Health Science Network and Norfolk County Council.



The website aims to:

1. Build confidence in families, children and young people to care for their own health and wellbeing.
2. Help families, children and young people in Norfolk access the right services for advice and help.
3. Improve health outcomes for children and young people in Norfolk.

JustOneNorfolk.nhs.uk uses videos and animation to keep content interesting and easy for users to understand. The website also features short films starring real Norfolk families talking about their own experiences.



All the content and advice is NHS approved. It is signed off by clinicians working in the Norfolk Children and Young People's Health services.

At the moment our main subjects are:

- Emotional wellbeing
- Healthy lifestyles
- Staying safe
- Childhood illnesses
- Child development
- Additional needs



You can visit www.JustOneNorfolk.nhs.uk or type **just one norfolk** into your search bar.

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May 2026							June 2026							July 2026						
M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S
				1	2	3	1	2	3	4	5	6	7			1	2	3	4	5
4	5	6	7	8	9	10	8	9	10	11	12	13	14	6	7	8	9	10	11	12
11	12	13	14	15	16	17	15	16	17	18	19	20	21	13	14	15	16	17	18	19
18	19	20	21	22	23	24	22	23	24	25	26	27	28	20	21	22	23	24	25	26
25	26	27	28	29	30	31	29	30						27	28	29	30	31		

Key : White dates - schools open to pupils Yellow dates - pupil holiday
Blue dates - Inset Days Red dates - bank holiday

May	
Monday 4th May	Bank holiday
Wednesday 6th May	Aspirational Day- Come dressed as what you hope to be when you grow up
Friday 8th May	David Attenborough Day- Come dressed as your favourite animal or bring your favourite soft toy animal
Tuesday 12th May	Year 1 Phonics Workshop- 2:40pm
Friday 15th May	Sports Day (Back up date Friday 22nd May)
Tuesday 19th May	KS1 Rugby Workshop- In School
Monday 25th- Friday 29th	Half Term Break
June	
Monday 1st June	Summer 2 Term Begins
Tuesday 2nd June	KS1 Rugby Workshop- In school
Tuesday 9th June	Reception New parents talk (4pm-5pm)
Tuesday 9th June	Nursery and Reception Rugby workshop- In School
Wednesday 10th June	Nursery New parents talk (4pm-5pm)
Thursday 11th June	Reception Beach trip
Friday 12th June	Arden Grove 50th Celebrations
Monday 15th June	HSA Fathers Day Shop
Tuesday 16th June	Nursery and Reception Rugby workshop
Thursday 18th June	Year 2 Rugby festival
Monday 22nd -Wednesday 24th June	Year 2 How Hill Residential
Thursday 25th June	Year 1 Rugby Festival
Monday 29th- Friday 3rd	High School Work Experience Week
July	
Thursday 2nd July	Reception Rugby Festival
Monday 6th July	Year 1 London Trip
Tuesday 7th July	Open Evening, 3:30 pm - 5:00 pm
8th, 9th, 10th July	Wensum Trust Transition Days
Monday 13th July, Tuesday 14th July	Year 2 Leavers Show (2:30pm show)
Wednesday 15th July	Year 2 Leavers event (children only in the afternoon)
Wednesday 15th July	Nursery Graduation 4:30pm-5:30pm
Friday 17th July	Last day of Term!

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Arden Grove Infant and Nursery School

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GARAGE SALE

10AM - 2PM

16th May 2026

£5 a pitch

Help us raise funds for Arden Grove Infant and Nursery School (1046754) AND Hellesdon High School (1141627)

**Contact Emma (07734389283) or
Louise(07787298654)
to book**

Closing date 10th May to be added to the Map.



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TICKETS AVAILABLE NOW!

AMAZING LEGO DISPLAYS

NEW & RETIRED LEGO SETS

BUILD CHALLENGES

ACTIVITIES FOR ALL AGES

CHARITY TOMBOLA

MILLIONS OF LOOSE BRICKS

PLUS SO MUCH MORE!!

NORWICH BRICK FESTIVAL

17TH MAY
SPORTSPARK

MORE LEGO® THAN YOU CAN DREAM OF

NORWICH BRICK FESTIVAL

[NORWICH BRICK FESTIVAL .COM](https://www.norwichbrickfestival.com)