



How to Use Personal Learning Checklists for Revision

- **Audit Your Knowledge (RAG Rating):** Review the list of topics in your subject's PLC. Colour-code them based on confidence: Red (do not understand), Amber (need more practice), Green (confident).
- **Targeted Revision:** Prioritize studying the red and amber areas. Do not waste time re-reading topics already marked green.
- **Active Recall Techniques:**
 - **Blurting:** Choose a topic, then create a mind-map or bullet-point list of everything you know about it without looking at notes.
 - **Teach It:** Explain a topic aloud to a parent or friend to check for fluency.
 - **Flashcards:** Use the PLC topics to create flashcards, focusing on, rather than just reading, them.
- **Continuous Updating:** Update the PLC as you progress. Move topics from red to amber to green as your understanding improves.
- **Compare with Specification:** Use the PLC to check that all specification points are covered, ensuring no topic is overlooked.
- **Apply the 2-3-5-7 Rule:** Revise topics on day one, then again on days two, three, five, and seven to aid memory retention.

Using PLCs turns passive reviewing into an active, strategic process that helps identify specific areas for improvement.

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