



**KINSALE
JUNIOR
SCHOOL**

Weekly Parent Bulletin WB 28.09.26



Diary dates:

AUTUMN TERM 2026

Year 2 Open Evening	Monday 28 September
Individual and sibling photos	Tuesday 29 September
Young Carers/EAL coffee morning	Wednesday 7th October
Harvest Festival	Wednesday 14 October
Last day of Autumn 1	Thursday 22 October
First day Autumn 2	Monday 2 November
Remembrance Day	Wednesday 11 November
FKJS Disco	Thursday 12 November
Children in Need Day	Friday 13 November
Flu Vaccinations	Monday 23 November
Dental screening	Friday 27 November
Year 6 Crucial Crew	Wednesday 9 December
Last day of Autumn Term	Friday 18 December

MONDAY

Year 6 PE

TUESDAY

Year 4 PE - Please come in full uniform, due to photos, and bring PE kit to school

WEDNESDAY

**Year 5 PE and NO 6H Swimming
Rocksteady - PM**

THURSDAY

Year 3 PE

FRIDAY

NO 6O Swimming

Other news ... Important information - please read



75th Birthday Celebrations

Thank you so much for supporting our fete last Friday - the Friends of Kinsale Junior School made a fantastic £705, which will be spent supporting your children with various events throughout the year, including helping to pay for educational trips and visitors to the school. We all thoroughly enjoyed the event and look forward to more celebratory events throughout the year.

Sibling and Individual Photos

Please can all pupils come to school in their full school uniform, including ties, on Tuesday 29th September, due to the photographer being booked for sibling and individual photos. The sibling photos are only for siblings within Kinsale Junior School. If your child has PE in the afternoon or a sports club after school they will be changing into their PE kit at lunchtime.

Making Sense of SEND information fair in Hellesdon (3 October)

This event brings together a wide range of SEND services under one roof, making it easier for families to discover what support is available and connect with the people who can help. This is on Saturday 3rd October from 11:30am-1:30pm at Hellesdon Community Centre, Middletons Lane, Norwich, NR6 5SR. Children and young people are welcome to attend with their parents or carers. As this is a Saturday event, they expect more families to attend together. Booking is recommended but not essential. To find out more and reserve a place, visit: [Book here](#)

What is Making Sense of SEND?

Making Sense of SEND is a free, friendly event designed to help parent carers, families, young people with SEND, and the professionals who support them to find information, advice, and support. The event brings together a wide range of SEND services under one roof, making it easier for families to discover what support is available and connect with the people who can help.

At the event, visitors can:

- Meet and chat with over 20 SEND services and organisations.
- Get information, advice, and guidance directly from professionals.
- Discover local services they may not have heard about before.
- Attend an informative SEND-focused talk.
- Speak with SEND Advisers and receive support and guidance.
- Share their experiences with representatives from the EHCP and SEND Adviser teams. Bookable feedback slots will be available on the day.
- Meet and connect with other parent carers and families who understand their journey.

Services attending include:

- [Norfolk SENDIASS](#)
- [Dyslexia Outreach Service](#) - Support for Schools & Families
- [Kids](#)
- [Healthy Child Service, Cambridgeshire Community Services](#)
- [TITAN travel training](#)
- [Early Childhood and Family Service \(ECFS\)](#)
- [Nansa](#)
- [Family Voice Norfolk](#)
- SEND Participation Team
- [Vision Norfolk](#)
- [Direct Payment Support Service](#)
- [Family Information Service - Norfolk County Council](#)

Roots to Rise (SEN unit opening soon)

 Help Us Bring **Roots to Rise** to Life! 

Roots to Rise is a brand-new provision opening at Kinsale Junior School in November 2026, providing a supportive, nurturing learning environment for children with complex learning needs.

We are working hard to create a welcoming and engaging outdoor learning space where our children can explore, learn, play and grow — and we would love your help! 

Do you have any of the following that you would be willing to donate?

-  Large plant pots
-  Outdoor storage
-  Outdoor toys and play equipment
-  Bags of compost or soil
-  Other items that could help us create our outdoor learning space

Whether you have something sitting unused in your garden, shed or garage your donation could make a real difference to our children and help us create a special space for them to enjoy.

If you have anything you could donate, please get in touch with Mrs Blackman at ablackman2crb@nsix.org.uk with details of the items you are happy to donate and we can then confirm whether we need it.

 Thank you for helping us grow something truly special. 

IMPORTANT - please read carefully and action

Healthy Lunches/snacks

We have noticed that some children do not have what is considered to be a balanced healthy lunch in their packed lunch box. In order for the children to feel 'full' and have the energy for learning throughout the afternoon they need to have a balanced lunch. Below is a link to the NHS Healthier Lunchboxes webpage. This includes recipes and tips on what should be included for a healthy and filling packed lunch.

[Lunchbox ideas and recipes – Healthier Families - NHS](#)

This also applies to their snacks provided for mid morning break. Please provide fruit or vegetables or a cereal bar. No whole grapes due to choking risk. Grapes should be cut in half lengthways to avoid this risk.

Mental Health Support Team (MHST) – Supporting Children and Young People

The Mental Health Support Team (MHST) works with schools, children, young people, and families to promote positive mental health and emotional wellbeing. Our team provides evidence-based early intervention support for mild to moderate mental health difficulties, helping young people develop coping strategies and build resilience.

We work closely with school staff to deliver workshops, consultations, assemblies, and targeted interventions, ensuring that mental health support is accessible within the school environment. Our aim is to empower children and young people to thrive both emotionally and academically while supporting schools to develop a whole-school approach to wellbeing.

If you would like to learn more about the support available through MHST, please speak to your school's MHST link practitioner.

Upcoming Webinar Dates and Times

Friday 2nd October 10:00am-11:00am- Managing Behaviour

Wednesday 7th October 6:30pm-7:30pm- Managing Anxiety

Friday 16th October 10:00am-11:00am- Better Sleep

Wednesday 21st October 6:30pm-7:30pm- Better Sleep

Webinar link: <https://nhs.vc/norfolk-waveney-mhst-webinars>

Crossing patrol

Please note that we have been informed that there will be **no** crossing patrol on the following dates:

7th October 2026, 2nd November 2026, 20th November 2026

Illness/Reporting Absence

Please report absence via the school office either leave a message on the absence line or email to the school office. You can also report absence via ParentMail. Please see the NHS guidance [here](#) regarding keeping children off school if they are ill.

Uniform

Please could we remind you all that our uniform is **black school shoes or trainers, black** skirts, shorts or trousers (**no leggings**), a **white shirt (no t-shirts or polo shirts)** and **royal blue** cardigan or jumper and a **tie**. Girls skirts must be of a modest length please. This also applies to the **girls PE shorts, which must not be too short**. They will be asked to wear an alternative if they deemed an inappropriate length. If you are having any difficulty in purchasing a uniform please come and speak to Miss Wright or Miss Atton in the office, in the strictest confidence. Children should come to school wearing their PE kit on their PE day and swimming day. Long hair must be tied back for health and safety reasons. Please, **name all items of school uniform** if you would like it returned to your child. The lost property box will be emptied every half term and put in the clothes collection charity box in the school foyer.

Parking & Driving on site

Please do not drive onto or park on the school grounds when dropping off for breakfast club in the mornings. This is the time staff are arriving for work and need access to parking spaces. Please also be mindful when parking on Kinsale Avenue and Middletons Lane in the morning and after school. These are residential areas and driveways and footpaths need to be kept clear. This applies to everyone unless you have been issued with a parking permit by the school. Staff from KJS and KIS will be checking parking passes at the bottom of the drive over the coming weeks.

Road Safety

If your child cycles or scooters to school please can you discuss road safety with them. We would like to see children wearing safety helmets too please. We regularly receive reports from our community of children not crossing roads safely.

Allergy Awareness



As has been the case for a number of years, we aim to be a nut free school. This is due to severe allergies of some children in our school. Please help us to keep them safe by refraining from including nut products in your child's lunchbox. This includes whole nuts, nuts in cereal bars, peanut butter and Nutella.



We are also asking for **no egg** in packed lunches, this is due to severe allergies, including airborne allergies, of children in our school. Please help us to keep them safe by refraining from including boiled eggs and egg mayonnaise in your child's snack and lunchbox.