September 2026

Arden Grove Infant and Nursery School

Part of the WENSUM TRUST
Arden Grove Infant School

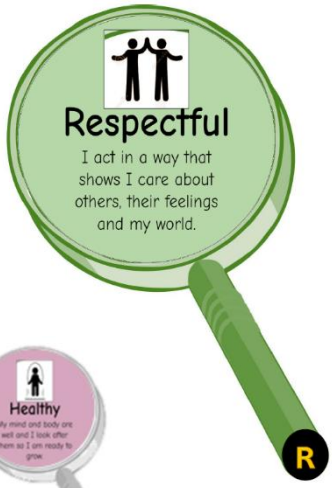
A very warm welcome back to all our Arden Grove families and a particularly big welcome to those joining our school for the first time. We are so delighted to be starting another exciting year together. We look forward to getting to know our new families, reconnecting with familiar faces and sharing a wonderful year filled with learning, laughter, growth and memorable moments.

Mr Cook and the Arden Grove Team

This half term we will be focusing on our school value of **Respectful.**

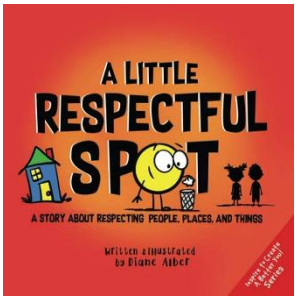
I act in a way that shows I care about others, their feelings and my world.

Being respectful is important because it helps you feel good about yourself and your place in the world and helps you get along with others.

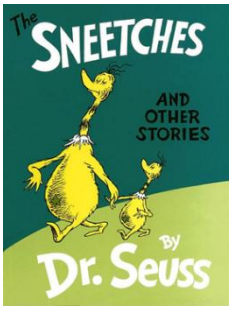




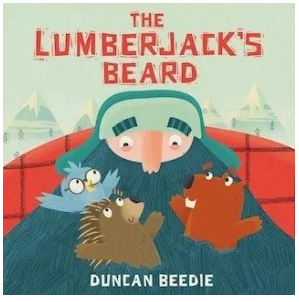
Stories to share about being RESPECTFUL



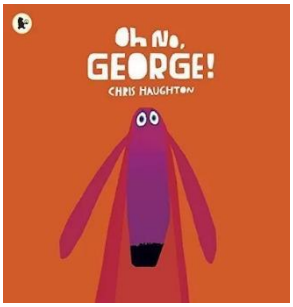
https://www.youtube.com/watch?v=ELWLxyRc64c



https://www.youtube.com/watch?v=hzMhmk2sWzU



https://www.youtube.com/watch?v=S3OaRE9EOVY



https://www.youtube.com/watch?v=MV5mc8LlwfM

September 2026

Arden Grove Infant and Nursery School

Part of the WENSUM TRUST
Arden Grove Infant School

Who is who at Arden Grove

We know that many of you will already know your class teams and we look forward to getting to know you even more. For those who do not know we wanted to quickly share some who's who of the people you may not see every day.

Joshua Cook	Sarah Waterfield	Shelley Leggett	Rachael Aitken	Mrs Riding	Mrs Jermy
Head of School	Executive headteacher	SENCO	Family Support Worker	School Secretary	School Secretary

Please take the time to read the 'safety around school letter' which has been shared with you.

Whole School Attendance for 2025-2026 94.4%

School attendance has always been important and we will be sharing our reviewed school policy as well the Norfolk County Council letter around attendance soon. Regular attendance is incredibly important, and we expect to see every child in school every day, on time, unless they are genuinely unwell or there is an unavoidable reason for their absence. Every day in school is an opportunity to learn, build friendships and take part in the wider life of our school. Thank you for your continued support in helping us give every child the very best opportunity to thrive. Below is the NHS guide to help you if your child is poorly as to whether to send them to school. We encouage you to use this guide to send your child in whenever possible. We are very experienced looking after poorly little people and would always let you know if they become poorlier and are too ill to stay.



Wellies- On returning to school we are keen for children to be active and healthy. With this in mind we are going to trial using the field all year round where children have more space to run and play. To make this safe and as clean as possible we are asking each child to have a named pair of wellies in school by

the end of this first half term that can live in the areas at school. You can send the wellies in at any time from next week.

Too Ill for School Quick Guide

We know that poorly children can be a worry but we thought we would share some guidance from the NHS about when to keep children at home or send them in.

Green: Good to Go (Send them in)

- **Runny Nose / Sniffles:** If they are otherwise well and active, they can attend.
- **Sore Throat:** Send them in unless accompanied by a high fever.
- **Cough:** Mild coughs are fine. Encourage hydration.
- **Conjunctivitis:** They can attend. Encouraged to wash hands frequently; treatment is recommended but exclusion is not required.
- **Head Lice:** Treat and send in. No exclusion needed.
- **Cold Sores:** Can attend. Encourage not to touch/kiss others.
- **Threadworms:** Can attend.
- **Slapped Cheek:** Can attend (once the rash appears, they are no longer infectious).
- **Hand, Foot and Mouth:** Can attend if they feel well enough and have no high fever. Exclusion is only needed if they are very unwell.

Amber: Use Discretion / Seek Advice

- **Fever (High Temperature):** If the child has a high temp (38C or above) *and* feels unwell, keep them off. They can return as soon as the fever has gone and they feel well enough.
- **Ear Infection:** If they have a high fever or severe pain, keep off. Otherwise, with pain relief (Calpol/Nurofen), they can often attend.

Red: Stay at Home (Exclusion Periods)

- **Vomiting & Diarrhoea:** Keep off for **48 hours** after the last episode.
- **Chickenpox:** Keep off until **all spots have crusted over** (usually 5 days).
- **Impetigo:** Keep off until lesions are crusted/healed OR **48 hours after starting antibiotics**.
- **Scarlet Fever:** Keep off for **24 hours after starting antibiotics**.

- **Measles:** Keep off for **4 days** from the onset of the rash.
- **COVID-19:** If they test positive *and* have a high temp/feel unwell, keep off for **3 days**. (Note: Routine testing is no longer recommended)

Supporting Children and families

Mental Health Support Team Updates and Information

Support for You and Your Child

We're the **Mental Health Support Teams in Schools (MHST)**, offering early help for children who may be struggling with anxiety or managing their emotions. If you're worried about your child—whether at home or at school—you can speak to your school's **Mental Health Lead (Mr Cook)** or **SENCO** (Mrs Leggett-senco@ardengrove.norfolk.sch.uk) to request a referral to our service.

Children & Young People's Health Services
JustoneNorfolk.nhs.uk
Norfolk & Waveney
0300 300 0123

family hubs

The Family Hubs approach aims to provide help and support for all aspects of your parenting journey.

Family Hubs bring together a range of existing services, so you are able to access the advice and support you need, when you need it. They are for families with babies, children and young people from conception until they reach the age of 19, or up to 25 for young people with special educational needs and/or disabilities.

Family Hubs provide a place for you to access advice on how to take care of your child and ensure they are safe and healthy throughout their childhood and as they grow and develop. They are online and in person.

https://www.justonenorfolk.nhs.uk/family-hubs/

September 2026

Arden Grove Infant and Nursery School

Part of the WENSUM TRUST
Arden Grove Infant School

Diary Dates

September		
Thursday 17th September	Reception Phonics talk	2:40pm in the hall
Wednesday 23rd September	Individual Photos	
Thursday 24th September	Year 1 Welcome and Phonics talk	2:40pm in the hall
October		
Thursday 8th October	Flu Vaccinations in hall	
Wednesday 21st October	Year 2 How Hill Parent talk	2:40pm in the hall
Friday 23rd- Sunday 1st November HALF TERM		
November		
Tuesday 10th November Thursday 12th November	Parents Evenings	
Friday 13th November	Children in Need	
December		
Tuesday 1st December	Deck the Halls: Whole school craft afternoon	
Friday 11th December	Arden Grove Christmas Jumper Day	
Monday 14th December	Reception Christmas Show	
Tuesday 15th December	Reception Christmas Show	
Wednesday 16th December	Christmas Dinner	
Wednesday 16th December	Nursery Winter Crafts	
Thursday 17th December	KS1 Christmas Show	Will be outside
Friday 18th December	End of Term	

September 2026

M	T	W	T	F	S	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

October 2026

M	T	W	T	F	S	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

November 2026

M	T	W	T	F	S	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

December 2026

M	T	W	T	F	S	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

Key :
White dates - schools open to pupils
Yellow dates - pupil holiday
Red dates – Bank Holidays / Blue Staff Inset days